Goat milk is highly nutritious and a good source of several macro- and micronutrients. Goat milk protein contains all essential amino acids and has been proven to be a suitable source for infant formula.

Almaas et al. concluded: "Caprine milk proteins were digested faster than bovine milk proteins." 1

Goat milk has a lower amount of □αs1-casein compared to cow's milk which is related to a softer, more easily digestible □curd when consuming goat milk. 2,6

Like many cow’s milk IFs, goat milk IFs can also be supplemented with whey. 80%

Maathuis et al. concluded that: "the kinetics of protein digestion of the goat infant formula is more comparable to that of human milk than that of the cow infant formula." 11

Protein digestion after 2 hours


Disclaimers:
Ausnutria acknowledges that breastfeeding is the best food for infants aged 0-6 months and supports prolonging breastfeeding to 24 months (age 2).

For health care professionals only.

Raw or regular milk is not a suitable source for infant nutrition and will negatively affect the kidneys because it contains very high levels of protein and sodium.

Contrary to the assumption of some consumers that goat milk may be a solution to cow's milk allergy, the EFSA concluded that there is insufficient data to support the belief that the incidence of digestive reactions in human infants eating goat milk infant formulas is reduced relative to cow's milk infant formulas.